

Monica's Story of Self Healing Pre Cancerous Cells in her Womb at The Rainbow Tai Chi School

In February 2017, Monica Mackin, a Rainbow Tai Chi student and FTT Graduate Teacher from Ireland was diagnosed with pre-cancerous cells in her womb, after weeks of continuous bleeding. It was obviously very frightening for Monica and she humbled herself to Master Choy and the School to ask for help. She attended a 2 weeks Chi Self Healing Intensive in March 2017. This is her experience, in her own words;

(email from Monica, March 2017)

Hi Master Choy,

I don't know where to start, there has been so much.

First I want to thank & acknowledge Christine's enormous contribution to my chi self healing, her care, love, skill & wisdom. Her juices, smoothies & soup are amazing. I have been on this diet for the past week & my body loves it! My hunger is satisfied. My body applauds each time I have some of Christine's creations. My bowel particularly loves it, so soft, nutrition so available, so easily accessed for energy & repair. One morning as I started to drink my juice with my eyes closed, I saw thousands of people queuing, the numbers grew so quickly.

Everything I eat & drink is chi energized, even the special shepherds purse tea bags that Christine made for me. Everything tastes amazing, with Christine's creativity adding different herbs, greens to change the taste. Truly this is really chi healing nutrition, I have no doubt. Teaching me also to prepare the food, especially now I can prepare the soup, which is delicious. Also Christine provided me with special minerals Himalayan salt, unbelievable attention.

For me I have a new connection with my womb. This has come through many ways. With seeing Master Choy for a 1:1 once a day & often twice I have been given so many tools to really focus on healing my womb. When I practice the hand stroking exercise, encouraging the cells inside my womb to wake up, loving them, thanking them, it Really reconnects me back to my womb, feeling her, loving her. This has also really helped with the colour science which I love doing. She really responds to the chi filled touch.

As I have continued with the colour science, in my ZCK practice images of my womb as colour science are growing.

The other chi energizing exercises of healing on the womb are building the healing momentum.

As I have been focusing on healing my womb, my inner child, actually children, hurt & lonely have also come up. It is so connected. Over the years I have buried, numbed off, separated from my womb. I separated myself emotionally, the child has been so traumatized she feels so lonely & separated. My belief having been it was not ok to feel what I was feeling. So eventually my nervous system gives up & the bleeding starts.

So oneness is essential. To be one with what I feel, I have a right to feel what I feel.

So for me all the work with my inner family has been brilliant.

So I have learned that this separation is not natural, My inner child felt very anxious & insecure, feeling that my inner father was weak. I have really started to make a new healthier connection with my inner father, doing the colour drawings with the qualities, reinforcing qualities that I do have but need to use for me & not just for others. Also doing the same with the Inner Mother & Father was tremendous, great to see the image & feel the qualities. Practicing the CK 1&2 to integrate all was wonderful, all the qualities swimming in a fountain off chi. The practice of connecting with my inner family during all practice is much more real for me, connecting in a common centre, that's the key, oneness.

This whole process is so essential for my HBMS healing of my womb, no separation.

Letting go again & again, transforming, letting go the shit, let go the past, it's dead. The cycle of life & death, so repeatedly let go, there will also be shit. I loved the story about the Dart river, it made such sense.

All of the RTC practice has been wonderful. Focusing on emptying the joints, surrender, feel the presence of the energy. Using this in every practice.

ZCK practice is so powerful. The loving energy coming through at my heart, belief in myself & my process. It is so unconditional, the building block of the universe, I have enormous appreciation for it. The introduction of the repeated Yin Tang movement, is unbelievable, going beyond the pain, the light so amazing, thank you light, thank you chi. My tan tien & womb, swelling with light. I am very aware of the light beings afterwards working with me, thank you light being, last night so much movement going on in my womb.

There is so much, my time in the green house was very precious, each little salad plant was like a cell in my womb, delicately handling it, nurturing, nourishing it with food & water. Making a hole for the roots to grow down, making new root beliefs. Cleaning the trays before hand was great to get old roots of other plants away, letting go of old root beliefs & if any slugs, that would destroy the plant. It was such a healing experience.

The chi healing have been amazing. All of the FTT people were so generous & loving. I did have difficulty at first, again the old belief of not being worthy. So I need to really to continue on working on new beliefs that my fellow students unconditionally give to me & I deserve it. I really need to continue with building this belief.

Going back to my inner family, the modelling of my inner parents on the sun & the earth is what I am working on, slowly. I see that staying in the light is what is important, to surrender to the light. Also Christine being so caring preparing healing herbal baths, rosemary from the garden & camomile flowers herbal bath has been so special & soothing.

These are just some feelings & thoughts on my time so far.

Thank you again for your abundant teaching, healing love & wisdom

Loving Chi,
Monica

(email, from Monica, July 2017)

Hello Master Choy & Christine

I saw the gynae oncologist today with the histology results of my tests two weeks ago. He told me that everything is now normal, in fact he had been able to get excellent samples, because of the amazing thickness of the womb lining, a very unusual quality for a "woman of my age". Of course there are so many medical possibilities why & how this happened.....according to the doctor.

He said that at this stage my samples had been examined by 4 experts. Apparently my past symptoms & earlier results were unusual for a person of my size, weight etc, not possibly hormonal & could have given rise to an aggressive cancer. In the light of what this doctor says that the first doctor must have seen, I need to be followed up in a few months time again & have these investigations & biopsies repeated in November, just to be sure.

This is amazing news, my womb lining now fully healed, in fact a healthier quality than expected. I feel quite emotional, primarily feeling enormous gratitude & immense humbleness for the healing power of the chi, the receptivity of my cells to heal & repair, to forgive. Thank you chi.

Thank you Master Choy & Christine for your loving healing, support, nourishment & never giving up.

Loving smiling grateful chi

Monica

BRAVO MONICA!
THANK YOU CHI!

